

# Call for Stories & Recipes

FRIEDAcommunity is proud to announce the launch of a community-based multigenerational cookbook.

The initial goal is to publish a free digital version of the book that is available to everyone.

This call for stories and recipes is expected to be ongoing; there is no deadline or time limit.

You can be sure that this won't be yet another cookbook. It will be very FRIEDA!

The collaborative cookbook is one of our current projects designed to reach beyond our immediate community while deepening our connection with you, our existing members.

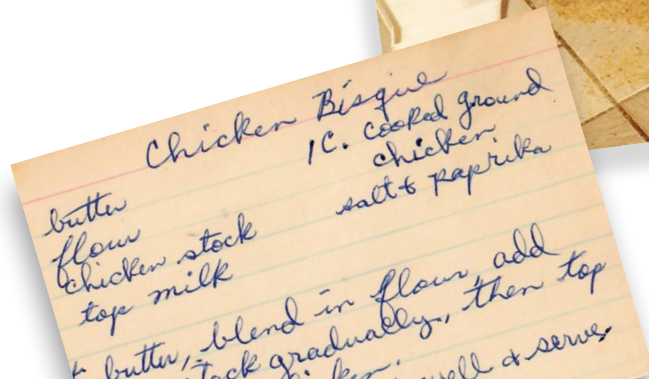
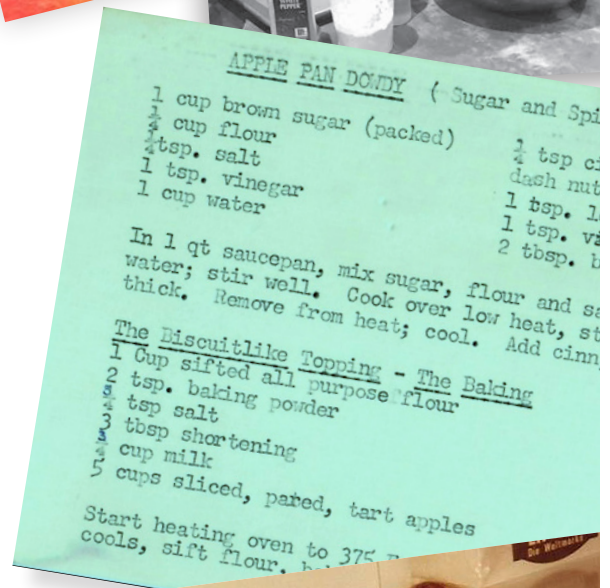
The FRIEDAcommunity cookbook is about memories related to food, rather than only about food. It is about you, sharing a story of a loved one, of a funny family tradition, of a special dinner or occasion...

If you simply want to share a recipe with no personal story, feel free to submit it. We are looking for recipes, but not necessarily of your favorite dish or that secret family recipe.

We encourage you to think of a loved one, of that moment or memory you want to share...then work backwards to the recipe. Consider how you can tell that story with a recipe attached.

We hope to present this book as a virtual potluck of recipes, with some of your fondest stories about family, friends, and food, recollections of the people you shared those special moments with.

**To submit your contribution to our cookbook, please send the following information to [hello@frieda.community](mailto:hello@frieda.community) or drop it off in person at 320 Walnut Street.**



## Call for Stories & Recipes

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### 1. Name and Contact Information

(*phone number and email*)

- All recipes are welcome - list of ingredients, and step-by-step instructions
- Share a story if you can 150-300 words. Please be specific., Tell us the story of the dish. Why should it be included in a project that aims to collect diverse and wide-ranging stories? Please try to focus on the people:, those you have made the dish for and their reactions, those who have brought the dish into your life, those you shared the dish with to create this fond memory. We want to know how to make the dish, but we also want to know more about you! Why did this dish in particular come to mind?
- Pictures help to tell the story too - two or three numbered JPEG images.  
We don't want necessarily photos of the dish. We do want photos that illuminate why this dish is special to you (*for example: the table where you ate, the market where you bought your ingredients, the family or person who taught you how to make it, the special person you shared the dish with...*).

Any submission FRIEDAcommunity receives is a gift. FRIEDAcommunity reserves the right not to use any submission. In the event that the cookbook is ever monetized in any way, all proceeds will be used by our non-profit to further community engagement and fulfill our mission of (re)connecting generations.

### Additional Information

- Submitters may be contacted to participate on a voluntary basis (optional) in an online or an in-person demonstration of the recipe for the benefit of FRIEDAcommunity. This could include a cooking demonstration at FRIEDA or at a "studio kitchen."
- Submitters grant FRIEDAcommunity all rights to the material sent to FRIEDAcommunity, including all recipes, text, and photos. Such material may be reproduced in publications and communications for purposes including but not limited to, publicity related to the café, FRIEDAcommunity, and on FRIEDAcommunity's website.  
If you have any questions, please contact us at [hello@frieda.community](mailto:hello@frieda.community)
- Recipes cannot be un-submitted, taken down, or removed from the FRIEDAcommunity cookbook, except by FRIEDAcommunity.
- FRIEDAcommunity may engage the work of outside partners to contribute to the creation of the cookbook, i.e., publishers, illustrators, artists, etc.
- By submitting to FRIEDAcommunity, you give FRIEDAcommunity the license to organize, translate, and/or categorize your submission however they see fit.
- By submitting, all ownership rights and irrevocable right and permission to use, copyright, publish, sell, distribute, and/or promote the material sent and received, are granted to FRIEDAcommunity for the sole use by and for the benefit of FRIEDAcommunity, a 501c3 organization, in support of and to further its mission of (re)connecting generations.



## **Call for Stories & Recipes**

FRIEDAcommunity is a not-for-profit organization focused on community support, engagement, and connection through art, culture, and entertainment. And yes, this includes food too!

FRIEDAcommunity offers a program of activities that includes:

- cooking and baking workshops (in person and online)
- art and craft workshops
- collaborative art projects, such as #BlueAsAButterfly, the beautiful and inspiring art installation that you can currently experience at FRIEDA (*more than 27,000 butterflies, hand-cut by community members during the lockdown*)
- community suppers
- language classes and conversation groups
- card and board game groups
- excursions to museums, music and theater festivals, and trips abroad

For more details, visit **[www.frieda.community](http://www.frieda.community)**

**FRIEDAcommunity (re)connecting generations**

320 Walnut Street Philadelphia, PA 19106

hello@frieda.community [www.frieda.community](http://www.frieda.community)

